

Saccakiriya Experiment

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Introduction

In ancient Buddhist Theravada tradition the notion of proclamation of truth was used from time to time for various purposes. This concept was termed as Act of Truth in 19th century by Burlingame. He defines truth utterance as 'a formal declaration of fact.' (Burlingame, 1917, p 429). The Pali name for the Act of Truth is Saccakiriya. Sacca means true speech and Kiriya means act or process of doing or performing something. For example, when a monk was returning to the monastery, he saw a woman having difficulty in delivering the baby and she was also in intense pain. After coming to the monastery, he reported to the Buddha about the woman. Buddha advised the monk to perform Saccakiriya, proclaiming that after becoming a monk he has not killed any sentient being. He also has to utter that on the base of this truth may the woman find ease from pain and deliver baby. Upon monk's proclamation of the true statement three times, the woman delivered the baby safely.

Performing Saccakiriya was not developed in Buddhist tradition and many accounts of this phenomenon can be found in other ancient Indian traditions before the Buddha as well. Modern scholars have different opinions along with literature based evidences about the actual intentions and processes involving Saccakiriya.

In Buddhist tradition, Saccakiriya is always performed on the high moral grounds where performer recollects the thoughts of good deed which is done in the past. Burlingame (1917, p 431) suggests that it is not always the case and the actual



process itself should be of truth. For example, an ascetic, a householder and his wife referred to their bad qualities for Saccakiriya (Jataka no. 444). Brown (1968, 1971, 1972) is however, does not agree with Burlingame. He says that truth should be the absolute performance of one's own duty (vrata).

A very renowned Buddhist scholar Gombrich (1971), describes that Saccakiriya is 'a solemn asseveration of one's righteousness' (Gombrich, 1971, p 224). Gombrich's explanation seems very logical in accordance with the Buddha's teaching where much importance is always given to achieving the purity of mind. For this aim, according to Buddha, one has to follow the universal path of righteousness and in that process one earns good deeds and merits. These merits can be the source of making an earnest wish. In Mahayana and Vajrayana tradition it is commonly said that do not just earn the merits but use them too as they are your income. It is also interesting that modern scholars believe, although Buddha disapproved to perform psychic powers, he was positive about using Saccakiriya. 'But in general, the Buddha deplored their use, preferring to spread the Dhamma by the 'miracle of teaching' and the self-propagating power of truth.' (Mahathera, 1975, p 4)

While performing psychic powers is prohibited by the Buddha, we come across many incidences in Buddhist literature where the psi phenomenon is occurring by performing Act of Truth or having essence of Saccakiriya. Following are the examples where such phenomenon occurred after performing Saccakiriya. (Choy Fah Kong, 2005):



1. When Sirima flung the boiling ghee on Uttara's head, the ghee became like cold water (p.138)
2. King meditates on the qualities of three jewels and wishes by their supernatural power, let the water be to him unlike water to cross the flooded river. (p 142, 143)
3. Narada put forth the magical power to prevent the sun from rising (p 155)
4. At the moment when Buddha saw Suppiya, her wound healed. (p 170)
5. When the poor farmer and his wife had offered some food and water to the elder Sariputta, they discovered the broken-up soil which Punna had ploughed in that early morning had all turned into pieces of gold. (p 175)
6. May all women's who see me, other than my kinsmen and blood-relatives, fall in love with me. (p 177)

Along with this, many other examples can be found in the Buddhist literature.

The Saccakiriya is performed by uttering true words and it manifests its occurrence when it is done on the base of merits.

In modern literature of parapsychology, although the relation of psi phenomena with meditative practices are acknowledged, it is hard to find if today's researchers have made any attempt to testify Saccakiriya phenomenon in a modern clinical trial. Thus, it opens up the necessity for making an effort in this direction.



Aim and Objective

1. To set up a Saccakiriya experiment to test its effects on psychokinesis phenomenon.
2. Invite experienced meditators and general population to perform Saccakiriya.
3. Examine the Psychokinesis in accordance with Saccakiriya.

What is the Saccakiriya experiment?

The Saccakiriya experiment aims at testing the notion of Act of Truth within experimental settings. Act of Truth can be performed to make things happen according to one's wish, however, in this particular experiment, the researcher targets the effect on psychokinesis phenomenon. More specifically, the researcher will inspect whether the Act of Truth works if performed correctly and whether the psychokinesis phenomenon can be induced with Saccakiriya. The participants can perform Saccakiriya if present physically at the Saccakiriya location, if not, an online live set up will be made on website where live telecast of Saccakiriya be shown along with audio information about how to perform Saccakiriya.

What is material requirement for this experiment?

1. One separate room to set up the Saccakiriya chamber. ✓
2. A bowl which will be called Saccakiriya Patra. ✓
3. Display cabinet to keep bowl safe and packed. ✓
4. Need for the website: Saccakiriya.com. ✓



5. Camera for constant video recording and for the online live telecast of Saccakiriya bowl on website. ✓

Who will be the participants?

In the Saccakiriya experiment, the researcher aims to open the access of this experiment not limited to particular selected participants but to the whole human population in general. Researcher will invite general population, experienced meditators, people claiming psychic abilities, spiritualists, etc., to be physically present to test the Saccakiriya at the Saccakiriya location. On the other hand, the online website will give full access to the Saccakiriya experiment which will enable anyone in the world to participate in this experiment from any location and at any time as convenient.

How to perform Saccakiriya?

Saccakiriya is performed as follows (this is a rough script for audio version):

“Welcome to the Saccakiriya experiment. Saccakiriya is performed by remembering good actions or deeds which we have done in the past. Good actions are the actions of purity, the actions of morality. The person who follows moral or ethical conduct like, not killing, not stealing, not having sexual misconduct, not speaking lies, abstaining from taking intoxicants to avoid doing unwholesome actions, etc., such a person is accumulating lot of pure stock of wholesome deeds. Along with this, actions like helping someone with pure heart, giving donations with pure intentions, spreading compassionate love, or anything which is universally accepted as good can be remembered while performing Saccakiriya. In addition, person who practices meditation and tries to control the mind and purify it from the deep unconscious level, generates wholesome deeds as well and hence,



that meditation time can also be remembered while performing Saccakiriya. This accumulated pure stock of wholesome actions has a lot of power and this stock can be used to execute an earnest wish or an Act of Truth. As such, now gently closing your eyes try to remember any such action for next two minutes which you have performed in the past and that action must be absolutely true, let's start by remembering this very vividly in your mind. Be absolutely clear about it and try to visualize it perfectly for next two minutes (pause for about 2 minutes to remember those actions). Now, when you are ready, open your eyes and watch attentively at the Saccakiriya bowl for some time and then you are prepared to contribute in Saccakiriya experiment which is also parapsychological experiment. A Saccakiriya bowl, as you can see, is a singing bowl which is on live telecast here on the website. You are requested to turn on this live video for performing Act of Truth. Having a good mindful look on Saccakiriya bowl for some time and feeling your heart with vibrations of goodness, take a good notice of this present moment. Act of Truth or Saccakiriya is always performed by remembering the good deeds or actions of purity which must be 100% true and you can either say aloud or in your mind three times that I have performed so and so good deed and this is truth, this is truth, this is truth; and on the base of this truth, let the Saccakiriya Bowl levitate in the mid-air. Now, we will actually begin performing Saccakiriya: take a deep breath and exhale and start remembering that good action by speaking 3 times either aloud or in mind, that, I have performed so and so good deed in the past, I have performed so and so good deed in the past, I have performed so and so good deed in the past; this is truth, this is truth, this is truth; and on the base of this truth, let the Saccakiriya Bowl levitate in the mid-air, let the Saccakiriya Bowl levitate in the mid-air, let the Saccakiriya Bowl levitate in the mid-air..."



“After performing Saccakiriya, if the bowl does not levitate it will not mean that your Saccakiriya is unsuccessful; in fact, you have diverted your pure thoughts and vibrations towards the success of Saccakiriya experiment and when these pure vibrations will be gathered from all around the world for this specific purpose, the time will ripen and Saccakiriya will be successful and the bowl will levitate in the mid-air. You are actually requested to keep performing Saccakiriya again and again whenever you find time and contribute in making this experiment a success. One may think that why should I share my good deeds for this cause of levitation, rather, I should share for something else. Nothing wrong in it if you wonder with this thought, in fact, you are always encouraged to share your good deeds for making any earnest wish as you desire. However, the aim of Saccakiriya experiment is to testify the power of goodness. When this experiment will become a success, it will only conclude that merits are very important, and it can make miracles. This will inspire the whole world to perform good deeds and earn merits at a very large level. Those who have shared their good deeds for the success of Saccakiriya experiment will actually be the part of people’s inspiration for promoting goodness. In ancient tradition it is always believed that, ‘a good deed when shared for the good cause, actually generates even more merits.’ As such, in reality, you are gaining more merits by participating in the Saccakiriya experiment. With this kind note, your contribution will always be highly appreciated. The success of Saccakiriya will be considered as the success of moral, ethical and wholesome actions. This is truth, this is truth, this is truth, and on the base of this truth, may all beings be happy! Thank you!”



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